



**CAPITAL EXPO FESTIVAL**  
**8<sup>TH</sup> FUNNEL CAKE 5K**  
 8:30 A.M., JUNE 3, 2023  
 DOWNTOWN FRANKFORT  
 FRANKFORT KY 40601



Online registration @ <https://runsignup.com/Race/KY/Frankfort/FunnelCake5k>

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age on Race Day: \_\_\_\_\_ M \_\_\_\_\_ F \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_ (to receive package pickup details)

Event: Funnel Cake 5K \_\_\_\_\_ Funnel Cake 5K Virtual Run/Walk \_\_\_\_\_

<b>Age Division:</b>			
<input type="checkbox"/> 0-4	<input type="checkbox"/> 5-9	<input type="checkbox"/> 10-14	<input type="checkbox"/> 15-19
<input type="checkbox"/> 20-24	<input type="checkbox"/> 25-29	<input type="checkbox"/> 30-34	<input type="checkbox"/> 35-39
<input type="checkbox"/> 40-44	<input type="checkbox"/> 45-49	<input type="checkbox"/> 50-54	<input type="checkbox"/> 55-59
<input type="checkbox"/> 60-64	<input type="checkbox"/> 65-69	<input type="checkbox"/> 70-74	<input type="checkbox"/> 75-79
<input type="checkbox"/> 80+	<input type="checkbox"/> Wheelchair Division		

<b>Please circle T-shirt Size –</b>		
Youth Small	Youth Med	Youth Large
Adult SM	Adult Med	Adult Large
_____ I do not want a t-shirt. Please donate cost of shirt to race beneficiaries.		
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\_\_\_\_\_ Registration Fee \$22 through April 30th; \$27 May 1st - June 3rd.

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\_\_\_\_\_ Total Payment Enclosed, THANK YOU! For Office Use Only: Check # \_\_\_\_\_ or Cash \_\_\_\_\_

**Mail entry form with Check (made out to the Capital Expo) to:** Becky Long, Capital Expo Festival, Inc., Funnel Cake 5k, P.O. Box 714, Frankfort KY 40601

For more information, please email [capitalexpo.funnelcake5k@gmail.com](mailto:capitalexpo.funnelcake5k@gmail.com)

===== **Release of Responsibility** =====

I know that running and volunteering to work in races are potentially hazardous activities. I should not enter the Capital Expo Festival Funnel Cake 5k unless I am medically able and properly trained. I understand that my entry fee is non-refundable. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I certify that I have full knowledge of the risks involved in participating in this event. I also release the publishing rights of photographs taken of me during the race. In consideration of accepting my entry, I, intending to be legally bound, hereby for myself, my heirs, my executors and administrators, do waive and release forever, any and all rights and claims for damages I may accrue against Capital Expo Festival, its agencies and the employees and agents of both, involved with promoting and/or staging the race for any and all injuries suffered by me while traveling to and from and while participating in running, mentoring sessions and/or the Capital Expo Festival Funnel Cake 5K Run/Walk or 5K race competition on June 3, 2023. I further state that I am in proper physical condition to participate in this event. I also release publication rights to photographs of me shot during the Run/Walk or 5K Race events for purposes of publicity for this and future events.

Name (print) \_\_\_\_\_ Signature \_\_\_\_\_ Date: \_\_\_\_\_

If under 18, signature of Parent/Guardian: \_\_\_\_\_